

Single Ventricle

Single ventricle defects of the heart occur when one of the two pumping chambers in the heart, called ventricles, isn't large enough or strong enough to work correctly. In some cases, the chamber might be missing a valve. There are several types of single ventricle defects, and each has a unique name. The American Heart Association has useful information for parents of children with Single Ventricle defects. Read more at their website tinyurl.com/oajh594.

Resources for families

Northwest support resources

- Children's Heart Foundation (OR)
tinyurl.com/yckmhgr
- Pediatric Congenital Heart Assoc. (WA)
tinyurl.com/yba3yhlw
- Mended Little Hearts - Portland [Facebook]
tinyurl.com/y9zskzll

National/international/online resources

- American Heart Association (AHA) Support Network for Congenital Heart Defects (CHD)
tinyurl.com/y5bxh3z3
- Mended Hearts
tinyurl.com/7wppot4
- Little Hearts - Parent Matching Program
tinyurl.com/y7wuh4yc
- Children's Heart Foundation (CHF)
tinyurl.com/ptkqdj
- Congenital Heart Info Network [Facebook]
tinyurl.com/y8oxl67t

Information for you and your care team

- Cincinnati Children's Hospital Single Ventricle
tinyurl.com/y8q9twwr
- British Heart Foundation booklet - *Understanding your child's heart - Single ventricle circulation* [PDF]
tinyurl.com/yano6fur
- AHA - Fact sheets and other tools
tinyurl.com/kex96bk

- AHA - Portable medical info [PDF]
tinyurl.com/ydye5u4s
- NIH Library of Medicine
tinyurl.com/aot8rx

Family stories

- AHA Family Stories
tinyurl.com/y8j578ny
- Little Hearts Stories of Hope
tinyurl.com/y8cze7em

Clinical trial information

- Children and Clinical Studies
tinyurl.com/y75s4twm
- Find an approved clinical trial
tinyurl.com/zp3jesq

Insurance information and help

- Getting insurance for children (OR)
tinyurl.com/ydfaaeoy
- Understand your health insurance
tinyurl.com/y46h8nvx
- Learn about coverage
tinyurl.com/y4639rz6
- Road map to health
tinyurl.com/yysc6kv7
- General/Oregon Health Plan Questions: 855-323-6744

Other resources

- CHF - *It's My Heart* - free resource book
tinyurl.com/ybyp9goh
- Q&A: A guide to communicating with your child's care team
tinyurl.com/ybxt7fjz
- AHA Web Booklet - *If Your Child Has a Congenital Heart Defect*
tinyurl.com/ycgu5mzw
- Merry Heart Children's Camp
tinyurl.com/yaml6cma
- Summer camps for kids with CHD (outside OR)
tinyurl.com/y9awy2gy
- NIH - Miscellaneous tip sheets for children, teens and families
tinyurl.com/y86ofx4e
- CDC - Five Things you Need to Know about CHD [PDF]
tinyurl.com/yavg6fn2

Books for parents and children

- Bibliography available by calling the Oregon Family to Family Health Information Center at 855-323-6744
- Swindells' online library search
tinyurl.com/y9t2jwcx